

**These activities were submitted by  
Active Schools Supporting Organizations**



Building an  
Active Classroom  
with confidence

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**OPEN**

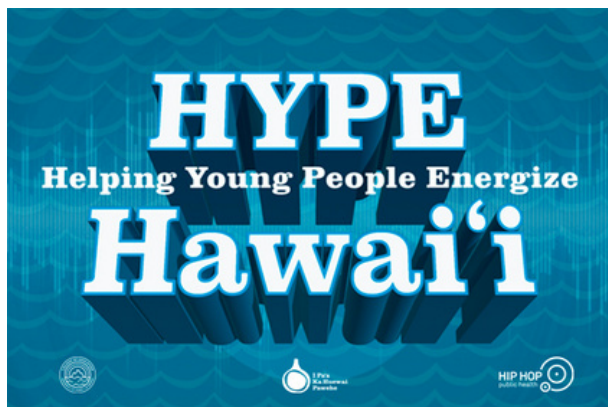
This training course is free thanks to the support of **BSN SPORTS**  
THE HEART OF THE GAME

**Building an Active Classroom with  
Confidence**

This free one hour online course will  
guide you on best practices to create  
an active classroom!



Break Breaks are simple games for the  
entire class, and they provide  
excellent opportunities to restore  
order to your classroom.



Increase activity in the classroom with  
HYPE Hawai'i, 10 original dances that  
blend hip hop and hula in a fun and  
accessible way! The collection includes  
instructions for each dance, and Breakin'  
it Down videos for individual moves.

**Improving the Lives of  
Individuals with Autism**



The goal of the series is to help parents,  
caregivers, educators and therapists  
introduce exercise to their children or  
students on the autism spectrum.