

BUILDING EXCELLENCE

An Active Schools Framework as the Foundation for Success

VIRTUAL SUMMIT SCHEDULE & PROGRAM



August 1 - 5
2022

www.ActiveSchoolsUS.org



Hosted by:



#ActiveSchoolsSummit

➔ *General Information*

ABOUT ACTIVE SCHOOLS

Vision: All youth are educated in an active school to enhance learning, health, and well-being.

Mission: Integrate evidence-based physical activity programs into every student's PK-12 education.

Becoming an Active Schools Champion is a commitment to encouraging physical activity with your time, your talents, or just your enthusiasm. We have strength in numbers. The more Champions, the more attention. The more attention, the more action. The more action, the more activity.

[Join the movement!](#)

ABOUT THE UNC ACTIVE SCHOOLS INSTITUTE

Since 2016, the University of Northern Colorado Active Schools Institute has been conducting interdisciplinary research and community-engaged scholarship in the area of school physical activity promotion. Our Why: We know active kids do better... in school and in life, every day. For K-12 students to benefit from physical activity, active learning communities must be cultivated and sustained. Our How: The way we cultivate and sustain active learning communities is by preparing physical activity leaders, ensuring school/district personnel and school health organizations are supported/resourced, and capitalizing on data and evidence-based practices to champion physically active learning initiatives.

ABOUT THIS VIRTUAL SUMMIT

This summit is intended to offer participants a comprehensive overview of the tools and resources that are available to support an active school environment. Participants are invited to attend 14 sessions or select those that are most appealing. Please register for the summit using [this link](#). Once registered, you will receive more information about accessing the Zoom platform for each session. Certificates of completion will be provided upon request.

➔ *Program Schedule*

All sessions are 50 minutes

AUGUST 1 - LAYING THE FOUNDATION

- 12PM ET / 9AM PT - ACTIVE SCHOOLS SUMMIT KICK-OFF
 - 1PM ET / 10AM PT - ACTIVE SCHOOLS GUIDING FRAMEWORK
 - 2PM ET / 11AM PT - PROMOTING LIFELONG MOVEMENT
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AUGUST 2 - BUILDING AN ACTIVE SCHOOL CULTURE

- 12PM ET / 9AM PT - SCHOOL-BASED PHYSICAL ACTIVITY PROMOTION
 - 1PM / 10AM - STRATEGIC PLANNING FOR ACTIVE SCHOOLS
 - 2PM ET / 11AM PT - THE PARENT & FAMILY CONNECTION
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AUGUST 3 - SCAFFOLDING FOR SUSTAINABILITY

- 12PM / 9AM - SUPPORTING & SUSTAINING AN ACTIVE SCHOOL CULTURE
 - 1PM ET / 10AM PT - CULTIVATING A SUPPORTIVE ENVIRONMENT
 - 2PM ET / 11AM PT - TOOLS & RESOURCES FOR K-12 SCHOOLS
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AUGUST 4 - SUPPORTING STRUCTURES

- 12PM ET / 9AM PT - THE YOUTH ACTIVITY PROFILE
 - 1PM ET / 10AM PT - UNIVERSITY & SCHOOL COMMUNITY PARTNERSHIPS
 - 2PM ET / 11AM PT - THE BIG PICTURE: UPDATES FROM THE CDC
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AUGUST 5 - MOVE IN DAY!

- 12PM / 9AM - PA TO SUPPORT SOCIAL & EMOTIONAL WELLBEING
 - 1PM ET / 10AM PT - THE GRAND FINALE
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➔ *Session Highlights*

All sessions are 50 minutes

August 1 - Laying the Foundation

Active Schools Summit Kick-off

- Presenters: Charlene Burgeson, Brian Dauenhauer, Nick Kline
- Guest Speaker: Russ Carson
- Topic: Active Schools vision; resources for schools; orientation

Active Schools Guiding Framework

- Presenters: Brian Dauenhauer & Jaimie McMullen
- Topic: review of the evidence; diverse, equitable and inclusive opportunities for physical activity

Promoting Lifelong Movement

- Presenters: Lisa Paulson, Bob Knipe, Ann Paulls-Neal
- Topic: physical education as the foundation for lifelong movement

August 2 - Building an Active School Culture

School-based Physical Activity Promotion

- Presenters: Taemin Ha, Brian Dauenhauer, Jaimie McMullen
- Topic: quality PE; physical activity before, during and after school

Strategic Planning for Active Schools

- Presenter: Brian Dauenhauer
- Topic: creating vision, goals, & objectives; planning for implementation

The Parent & Family Connection

- Presenters: Heidi Milby, Action for Healthy Kids
- Topic: establishing relationships

August 3 - Scaffolding for Sustainability.

Supporting & Sustaining an Active School Culture

- Presenters: Veronica Adams, Jennifer Krause, Lisa Paulson
- Topic: school & staff leadership; family & community engagement

Cultivating a Supportive Environment

- Presenters: Lisa Paulson & Jaimie McMullen
- Topic: policy & advocacy; professional development

Tools & Resources for K-12 Schools

- Presenters: Brian Dauenhauer, Jennifer Krause, Jaimie McMullen
 - Topic: K-12 School Implementation Guide; Active Schools Evaluation Handbook; recognition & certification
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➔ *Session Highlights*

All sessions are 50 minutes

August 4 - Supporting Structures

The Youth Activity Profile

- Presenter: Greg Welk
- Topics: collecting data using the YAP

University & School Community Partnerships

- Presenters: Erin Centeio & Russ Carson
- Topic: partnerships (evaluation); higher education (PETE/HETE)

The Big Picture: Updates from the CDC

- Presenter: Kelly Cornett
 - Topic: projects and information related to physical activity
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August 5: Move in Day!

Physical Activity to Support Social & Emotional Wellbeing

- Presenter: Aaron Hart
- Topic: making mental health a priority for students and staff

The Grand Finale

- Presenters: Charlene Burgeson, Brian Dauenhauer, Nick Kline
 - Guest Speakers: Jason Bissinger & Larenda Denien
 - Topic: next steps, taking action to be an Active Schools Champion
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SAVE THE DATE:

JULY 19-21, 2023

Active Schools National Summit

University of Northern Colorado - Greeley, CO

DETAILS: www.ActiveSchoolsUS.org/NationalSummit/
