



# WEBINARS 2022

## Calming & Refocusing Strategies for the Classroom

Presenters: VA CMO Cadre partnered with Fauquier County, VA FRESH Program

*Incorporating movement into the classroom can be stressful without the proper routines to calm and refocus students. This workshop will provide a variety of tools, tips, and techniques to help teachers navigate the transitions between sessions of physical activity.*

[LINK to RECORDING](#) (Password: aqUh@Hk7)

## Let's Rock it!

Featured Presenter: Steve Reifman

*Join us for a conversation with Steve Reifman. Steve is a National Board Certified elementary teacher, author, and champion for bringing movement into the classroom. We will discuss how you can transform your classroom with physical activities that will not only energize students, but also positively impact their mood, behavior, and academic performance. Attend this workshop ready to learn from Steve's insight and experience. Come prepared with questions for the Q&A.*

[LINK to RECORDING](#) (Password: cE\*?k8Sq)

## Model of Success

Featured Presenters: Great Falls Public Schools (MT)

*Montana's initiative to promote comprehensive physical activity has transformed the culture within schools. This workshop will feature perspectives from a principal, classroom teacher, and physical educator. Learn strategies and challenges for getting all staff within the school committed and supportive of adding more activity.*

[LINK to RECORDING](#) (Password: 4s@ygQgT)

## Academic Accelerators

Featured Presenters: Virginia Chief Movement Officers Cadre

*Teachers often integrate quick bursts of activity into their classroom. However, another strategy is to use physical activity to reinforce academic subject matter. This session will provide easy and practical methods for using movement to engage students and accelerate academics.*

[LINK to RECORDING](#) (Password: x1i\$8E+m)

Active Kids Do Better!