



# WEBINARS

## Calming & Refocusing Strategies for the Classroom

Wednesday, February 2<sup>nd</sup> @ 4:00pm EST (1:00pm PST)

Presenters: VA CMO Cadre partnered with Fauquier County, VA FRESH Program

*Incorporating movement into the classroom can be stressful without the proper routines to calm and refocus students. This workshop will provide a variety of tools, tips, and techniques to help teachers navigate the transitions between sessions of physical activity.*

[LINK TO REGISTER](#)

## Let's Rock it!

Wednesday, February 9<sup>th</sup> @ 6:30pm EST (3:30pm PST)

Featured Presenter: Steve Reifman

*Join us for a conversation with Steve Reifman. Steve is a National Board Certified elementary teacher, author, and champion for bringing movement into the classroom. We will discuss how you can transform your classroom with physical activities that will not only energize students, but also positively impact their mood, behavior, and academic performance. Attend this workshop ready to learn from Steve's insight and experience. Come prepared with questions for the Q&A.*

[LINK TO REGISTER](#)

## Model of Success

Wednesday, February 16<sup>th</sup> @ 6:00pm EST (3:00pm PST)

Featured Presenters: Great Falls Public Schools (MT)

*Montana's initiative to promote comprehensive physical activity has transformed the culture within schools. This workshop will feature perspectives from a principal, classroom teacher, and physical educator. Learn strategies and challenges for getting all staff within the school committed and supportive of adding more activity.*

[LINK TO REGISTER](#)

## Academic Accelerators

Tuesday, February 22<sup>nd</sup> @ 3:30pm EST (12:30pm PST)

Featured Presenters: Virginia Chief Movement Officers Cadre

*Teachers often integrate quick bursts of activity into their classroom. However, another strategy is to use physical activity to reinforce academic subject matter. This session will provide easy and practical methods for using movement to engage students and accelerate academics.*

[LINK TO REGISTER](#)

Active Kids Do Better!