<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<th>Friday</th>
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|        | 1:00-1:10 PM EST Physical Activity Boost by PLYOGA  
*Click here to join the live event* | 3:00-3:30 PM EST Active Classrooms 101  
*Register here* |        |        |
| 8      | 9       | 10        | 11       | 12     |
| 3:00-3:30 PM EST Integrating Movement for All  
*Register here* | 1:00-1:10 PM EST Physical Activity Boost by Les Mills Born to Move  
*Click here to join the live event*  
*Passcode to join: 147072* | 3:00-3:30 PM EST Integrating Movement into Classroom Culture  
*Register here* |        |        |
| 15     | 16      | 17        | 18       | 19     |
| 1:00-1:10 PM EST Physical Activity Boost by PowerUp Fitness  
*Click here to join the live event* |        | 3:00-3:30 PM EST Integrating Movement into Your Language Arts, Science and Social Studies Lessons  
*Register here* |        |        |
| 22     | 23      | 24        | 25       | 26     |
| 11:00-11:10 AM EST Physical Activity Boost by PowerUp Fitness  
*Click here to join the live event* | 1:00-1:20 PM EST Physical Activity Boost and CELEBRATION by Hip Hop Public Health  
*Click here to join the celebration!* | 3:00-3:30 PM EST Integrating Movement into Your Math Lessons  
*Register here* |        |        |

- **Webinar**: (for students, teachers & parents/caregivers!)
- **Physical activity boost**: (for students, teachers & parents/caregivers!)
- **Celebration!**