



ACTIVE SCHOOLS SUMMER TRAINING CAMP SCHEDULE

FOR PHYSICAL EDUCATION
& CLASSROOM TEACHERS

UNIVERSITY OF NORTHERN COLORADO
GREELEY, COLORADO | JULY 26-31, 2020

Sunday, July 26

Arrival and check-in to dorm or other lodging

Monday, July 27

8:30-10:30am – Opening General Session

11am-12pm – Training Sessions

- Dynamicpeasap.com in ACTION!, Aaron Beighle, Gopher
- Get Kids Moving Every Morning with My School in Motion!, Apryl Krakovsky, My School in Motion
- Introduction to Movement-Based Learning for Classroom and Physical Education Teachers, Suzy Koontz, Math & Movement
- Let's Talk Policy and Advocacy...It Matters!, Jaimie McMullen, University of Northern Colorado
- Live Heart Rate that will Transform Physical Education, Jeff Gagstetter, Polar
- PlayOn! Standards-Based Playground Learning Activities for Youth Physical Activity, María del Mar Chavarría, PlayCore
- Promoting Social Emotional Learning Through Physical Activity, Stefanie Ediger, Marathon Kids

12-1:30pm – Lunch

1:30-2:30 – Training Option

- (R) PlayOn! Standards-Based Playground Learning Activities for Youth Physical Activity, María del Mar Chavarría, PlayCore

1:30-3:30pm – Training Options

- Applications from The Kinesthetic Classroom: Teaching and Learning Through Movement, Mike Kuczala, Gopher/Moving Minds
- How to Be a Movement Champion, Mike Smith, School Specialty, Sportime
- Using the Online Youth Activity Profile to Assess and Promote Physical Activity, Greg Welk and Gabby McLoughlin, Iowa State University, Joey Lee, University of Colorado-Colorado Springs

1:30-4:30pm – Training Options

- Move to Learn: Activities for an Active Classroom!, Pam Powers, Physical Powers
- Power of Play Training, Ellen Jenks, Shae Swanson and Madison Freeze, Playworks
- Unleash the Responsible Classroom: How Social-Emotional Learning Fits into Physical Education, Terry Jones and Chris Strater, Wellness Training Specialists

3:45-4:30pm – Fun Group Activities (optional)

Tuesday, July 28

8-9am – Training Options

- Dynamicpeasap.com: Free Online PE Resources, Aaron Beighle, Gopher
- (R) Introduction to Movement-Based Learning for Classroom and Physical Education Teachers, Suzy Koontz, Math & Movement
- Using Physical Activity to Teach the Curriculum: Practical Applications to Supercharge Your Teaching, Mike Kuczala, Gopher/Moving Minds

9-10am – Training Options

- (R) Dynamicpeasap.com in ACTION!, Aaron Beighle, Gopher
- Why Does the Brain Prefer Physical Activity in Learning?, Mike Kuczala, Gopher/Moving Minds

9am-12pm – Training Options

- Increase Moderate to Vigorous Physical Activity in Physical Education While Using IHT ZONE Heart Rate Monitor, Eric Larson, Interactive Health Technologies
- (R) Move to Learn: Activities for an Active Classroom!, Pam Powers, Physical Powers
- Transforming Compassion Fatigue into Compassion Satisfaction, Terry Jones and Chris Strater, Wellness Training Specialists

9:15am-12:15pm – Training Option

- (R) Power of Play Training, Ellen Jenks, Shae Swanson and Madison Freeze, Playworks

10-11am – Training Option

- (R) Dynamicpeasap.com: Free Online PE Resources, Aaron Beighle, Gopher

10:15am-12:15pm – Training Option

- Skillastics: Integrating STEM with Physical Activity in the Classroom and Physical Education, Leslie Fisher, Skillastics

11am-12pm – Training Option

- (R) Dynamicpeasap.com in ACTION!, Aaron Beighle, Gopher

12-1:30pm – Lunch

1:30-3:30 – Training Options

- 100 Mile Club® Healthy, Happy, Connected Kids...One Mile at a Time, Kara Lubin and BJ Walker, 100 Mile Club
- Engaging PhysEd OPEN to All, Nick Kline, OPEN
- Lace Up and Line Up with FREE Digital Lap Tracking!, Stefanie Ediger, Marathon Kids
- Physical Activity 5 Ways: Activities for Every Part of the School Community, Pam Powers, Physical Powers
- Skillastics: Enhancing Physical Activity Through SEL, Leslie Fisher, Skillastics
- Strategies for Integrating Physical Activity Throughout the School Day, Eric Larson, Interactive Health Technologies

- (R) Using the Online Youth Activity Profile to Assess and Promote Physical Activity, Greg Welk and Gabby McLoughlin, Iowa State university, Joey Lee, University of Colorado-Colorado Springs

3:45-4:30pm – Fun Group Activities (optional)

Wednesday, July 29

8:30-10am – General Session

10:30am-12:30pm – Training Options

- (R) 100 Mile Club® Healthy, Happy, Connected Kids...One Mile at a Time, Kara Lubin and BJ Walker, 100 Mile Club
- Easy as 1-2-3: Activate Your Classroom, Lisa Perry, Alliance for a Healthier Generation
- (R) Lace Up and Line Up with FREE Digital Lap Tracking!, Stefanie Ediger, Marathon Kids
- (R) Physical Activity 5 Ways: Activities for Every Part of the School Community, Pam Powers, Physical Powers
- Recess Matters, Nick Kline, OPEN
- (R) Skillastics: Enhancing Physical Activity Through SEL, Leslie Fisher, Skillastics
- Strategies for Inclusion During Physical Activity and Physical Education, Alex Martinez and Penny Edwards, Lakeshore Foundation-National Center for Health, Physical Activity and Disability

12:30-1:30pm – Lunch

1:30-3:30pm – Training Options

- Active Classrooms, Nick Kline, OPEN
- BOKS Functional Fitness Training, Ally Trenteseaux and Laura Burati, BOKS
- Developing Relationship Skills as Part of SEL in an Active Classroom, Mike Smith, School Specialty, Sportime
- Practical Strategies for Promoting Physical Activity in Schools: Perspectives from Trained Physical Activity Leaders, masters-level physical activity leaders, Brian Dauenhauer, Jennifer Krause and Jaimie McMullen, University of Northern Colorado
- Save Yourself: Practice Self-Care First, Lisa Perry, Alliance for a Healthier Generation
- (R) Skillastics: Integrating STEM with Physical Activity in the Classroom and Physical Education, Leslie Fisher, Skillastics

1:30-4:30pm – Training Option

- (R) Increase Moderate to Vigorous Physical Activity (MVPA) in Physical Education While Using IHT ZONE Heart Rate Monitor, Eric Larson, Interactive Health Technologies

3:45-4:30pm – Fun Group Activities (optional)

6:30pm – Group Dinner/Social

Thursday, July 30

8am-12pm – Training Option

- Tennis Anywhere and It's FREE!!, Tony Stingley, United States Tennis Association/Net Generation

8:30-9:30am – Training Option

- 30+ Ways to Align Physical Activity and Academics, Stacy Baugues, PowerUp Fitness

8:30-10:30am – Training Option

- Walk, Listen and Learn with The Walking Classroom, Laura Fenn, The Walking Classroom

9-10am – Training Options

- (R) Get Kids Moving Every Morning with My School in Motion!, Apryl Krakovsky, My School in Motion
- Seeking Equity through Data: A Focus on Physical Education and Physical Activity in Schools, Brian Dauenhauer, university of Northern Colorado

9am-12pm – Training Option

- Kinesthetic Learning Specialist – Instructor, Kathy Dean, Fizika
- Supporting the Whole Child: Increasing Access to School Physical Activity, Nutrition, Unstructured Play and More, Ashley Green, Action for Healthy Kids

10am-12pm – Training Option

- BOKS X Spartan High School Curriculum Training, Ally Trenteseaux and Laura Burati, BOKS

10:30-11:30am – Training Option

- 30+ Ways to Align Physical Activity and Academics, Stacy Baugues, PowerUp Fitness

11am-12pm – Training Options

- Finding Balance in the Classroom: Helping Kids Develop Their Physical Balance System While Learning, Joel Heath, FluidStance
- (R) Seeking Equity through Data: A Focus on Physical Education and Physical Activity in Schools, Brian Dauenhauer, University of Northern Colorado

12-1:30pm – Lunch

1:30-2:30pm – Training Options

- (R) Finding Balance in the Classroom: Helping Kids Develop Their Physical Balance System While Learning, Joel Heath, FluidStance
- It's Appy Hour! Enriching and Increasing Physical Activity with Technology, Jennifer Krause, University of Northern Colorado

1:30-3:30pm – Training Options

- SPARK PE, Julie Frank
- (R) Strategies for Inclusion During Physical Activity and Physical Education, Alex Martinez and Penny Edwards, Lakeshore Foundation-National Center for Health, Physical Activity and Disability
- (R) Walk, Listen and Learn with The Walking Classroom, Laura Fenn, The Walking Classroom

1:30-4:30pm – Training Options

- (R) Kinesthetic Learning Specialist – Instructor, Kathy Dean, Fizika
- NFL FLAG-In-Schools Physical Activity Training, Ellen Abbadessa, GENYOUth

2:30-3:30pm – Training Option

- (R) Finding Balance in the Classroom: Helping Kids Develop Their Physical Balance System While Learning, Joel Heath, FluidStance

3:45-4:30pm – Fun Group Activities (optional)

Friday, July 31

8-10am – Training Option

- (R) Tennis Anywhere and It's FREE!!, Tony Stingley, United States Tennis Association/Net Generation

8:30-11:30am – Training Options

- (R) Kinesthetic Learning Specialist – Instructor, Kathy Dean, Fizika
- (R) NFL FLAG-In-Schools Physical Activity Training, Ellen Abbadessa, GENYOUth
- (R) Supporting the Whole Child: Increasing Access to School Physical Activity, Nutrition, Unstructured Play and More, Ashley Green, Action for Healthy Kids

9-10am – Training Option

- SPARK Classroom Activity & Recess, Julie Frank, Gopher/SPARK

10:30-11:30am – Training Option

- SPARK Inclusive, Julie Frank, Gopher/SPARK

11:30am-12:30pm – Closing Session and Lunch

12:30pm – Departure

