

# APPENDIX A

The specific legislation/policy for accountability systems of student learning in physical education are presented in this appendix.

## **CONNECTICUT: Connecticut Physical Fitness Assessment**

The Connecticut Physical Fitness Assessment (CPFA) is Connecticut's annual assessment of students' physical well-being. Students in Grades 4, 6, and 8 are assessed annually. At the high school level, schools have the flexibility to assess students at any grade, but must assess each student at some point between Grades 9 and 12.

The goals of the assessment program are to:

- Provide for continual monitoring of students' fitness levels in targeted grades;
- Identify a student's weaknesses and strengths so that areas in need of improvement can be seen and Individual programs can be developed;
- Inform students and parents about student fitness status; and
- Inform schools, districts and the public about programs focusing on fitness and physical activity in our schools and evaluate their success

Students taking the CPFA are evaluated using age and gender appropriate standards in four components fitness. The components assessed include:

- Aerobic endurance;
- Flexibility;
- Upper body strength and endurance, and
- Abdominal muscle strength and endurance.

## **DELAWARE: Department of Education Policy - Title 14: 500**

- 1.5. Local school districts and charter schools shall annually assess the physical fitness of each student in grades 4 and 7, and in grade 9 or 10.
  - 1.5.1. The local school districts and charter schools shall provide the results of the physical fitness assessment to the parent(s) guardian(s) or Relative Caregiver of each student. The districts and charter schools shall also report this information to the Delaware Department of Education in a format determined by the Department.
    - 1.5.1.1. The Delaware Department of Education shall annually report the statewide grade level results of the physical fitness assessment to the public.

## **DISTRICT OF COLUMBIA: Code of the District of Columbia - §38-824.05**

Beginning in 2011, on or before September 30 of each year, the Office of the State Superintendent of Education shall report to the Mayor, the Council, and the Healthy Schools and Youth Commission annually regarding:

- (1) Compliance of public schools and public charter schools with the physical and health education requirements in this title; and
- (2) Student achievement with respect to health and physical education standards.

## **GEORGIA: Georgia Code – Title 20, Chapter 2, Article 16, Part 3 (§20-2-777).**

(a) (1) Beginning in the 2011-2012 school year, each local school system shall conduct an annual fitness assessment program, as approved and funded by the State Board of Education, one time each school year for students in grades one through 12, to be conducted only during a physical education course that is taught by a certificated physical education teacher in which a student is enrolled. Such assessments shall include methods deemed by the State Board of Education as appropriate to ascertain levels of student physical fitness. Each local school system shall report the individual results of the fitness assessment to the parent or guardian of each student assessed and the aggregate results of the fitness assessments by school to the State Board of Education annually in a format approved and funded by the State Board of Education. The minimum required contents of the report shall be determined by the State Board of Education.

**ILLINOIS: Illinois Administrative Code – Title 23, Code 1, Subtitle D, Part 1, 1.425.**

Assessment and Reporting In accordance with Section 27-6.5 of the School Code, each school shall use a scientifically-based, health-related physical fitness assessment for grades 3 through 12 and periodically report fitness information to the State Board of Education to assess student fitness indicators.

For the purposes of this subsection (f), each school shall administer the FitnessGram® (<http://www.fitnessgram.net/>; also see subsection (f)(3)) to students in grades 3 through 12 (except as noted in subsection (f)(1)(A) and as exempted under Section 27-6 of the School Code) for the components and using the test items listed in subsections (f)(1)(A) through (f)(1)(D). Beginning in school year 2016-17, the FitnessGram® shall be administered at least annually in the second semester of the school year; however, schools also are encouraged to administer the assessment at the start of the school year in order to receive pre- and post-results.

Each school district shall annually report aggregate data regarding the total number of students whose fitness results for each of the components listed in subsection (f)(1) were identified as meeting the “healthy fitness zone” or as “needs improvement zone”.

A) Data shall be submitted electronically to the State Board of Education no later than June 30 of each school year, beginning in school year 2016-17, using the Illinois State Board of Education Web Application Security System (IWAS).

B) Data shall be reported for students in grades 5, 7 and 10 only and include:

i) the total number of students tested by grade and gender;

ii) the total number of students achieving at the “healthy fitness zone” by grade and gender;

the total number of students identified as “needs improvement zone” by grade and gender.

**MISSOURI: Guidance for Cade’s Law**

Although schools are encouraged to assess student fitness at each grade level, Local Education Agencies (LEAs) will collect and report data on aerobic capacity, muscular strength, endurance, and flexibility for all eligible elementary students in grade five (5), middle school students in grade seven (7), and high school students in grade nine (9) who are enrolled in a physical education class for any part of the traditional school year as identified by each LEA’s beginning and ending date or summer school. Schools will report this data beginning in the June 2015 reporting cycle. **SCHOOLS WILL REPORT FITNESS LEVELS FOR GRADES FIVE (5) AND NINE (9) FOR THE 2013-2104 SCHOOL YEAR JUST AS IN PAST YEARS.** Schools should use Fitnessgram® tools found on the Presidential Youth FITNESS PROGRAM website.

Fitness assessments must be administered by a teacher certified in Physical Education by the state of Missouri.

**OHIO: Senate Bill 210 (ORC3302.032)**

A) Not later than December 31, 2011, the state board of education shall establish a measure of the following:

(1) Student success in meeting the benchmarks contained in the physical education standards adopted under division (A)(3) of section **3301.079** of the Revised Code;

**VIRGINIA: Code of Virginia (§ 22.1-16.4.)**

The Department of Education shall develop and maintain a nutrition and physical activity best practices database. The database shall contain the results of any wellness-related fitness testing done by local school divisions, as well as information on successful programs and policies implemented by local school divisions designed to improve nutrition and physical activity in the public schools.

**WEST VIRGINIA: House Bill 2816 (§18-2-7a).**

The State Board shall prescribe a program within the existing health and physical education program which incorporates fitness testing, reporting, recognition, fitness events and incentive programs which requires the participation in grades four through eight and the required high school course. The program shall be selected from nationally accepted fitness testing programs designed for school-aged children that test cardiovascular fitness, muscular strength and endurance, flexibility and body composition:

Provided, That nothing in this subsection shall be construed to prohibit the use of programs designed under the auspices of the President’s Council on Physical Fitness and Sports.