

# Active Schools

Active Classrooms Week ► [Sample Blurb for Newsletters and Bulletins](#)

## For Schools

**[SCHOOL NAME]** is participating in Active Classrooms Week!

Active kids learn better! Classroom physical activity helps students feel better, work together as a team, reduce anxiety and maintain focus. [Active Schools](#) and their collective impact partners work year-round to encourage and support schools across the country in creating active classroom environments.

From December 9-13, Active Classrooms Week aims to shine a spotlight on teachers and schools who incorporate physical activity into student learning. Educators are encouraged to participate in Active Classrooms Week by showcasing ways they integrate physical activity into their classrooms and highlighting the positive impact movement has on students. Teachers who don't generally incorporate movement into classroom learning are encouraged to give it a try. Great suggestions are included in [this toolkit](#).

How does movement in the classroom impact students? Follow along with #ThisIsYourBrainOnMovement

## For Partners

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